

Breakfast Menu

Choice of Fruit Juices

*Orange, Grapefruit, Cranberry, Tomato,
Mango, Pineapple, Apple, Dragonfruit Guava*

Choice of Yoghurts

Fresh Fruit Salad

Strawberries, Raspberries, Grapes, Melon & Kiwi Fruit

Choice of Cereals

Cornflakes, Special K, Weetabix, Crunchy Nut Cornflakes

Muesli with Berries

Scottish Porridge Oats



Smoked Salmon Benedict

*Smoked Salmon on toasted English muffin topped with
poached eggs & hollandaise sauce*

Smoked Salmon & Scrambled Eggs

Devilled Kidneys & Bacon

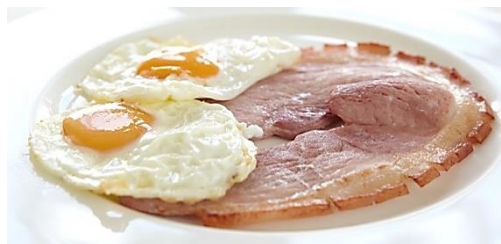
*Lambs' kidneys cooked in a sauce comprising red onions, English mustard,
tomato purée, white wine vinegar, butter, flour, salt, and black pepper*

Pancakes

with crème fraîche & berries or maple syrup

Omelette

Plain or with choice of fillings: Ham, Cheese, Mushrooms, Onion & Potatoes



Grilled Cornish Gammon Steak and choice of Eggs



Traditional Breakfast

*Scrambled, Poached, or Fried Egg, Grilled Bacon, Sauté Potatoes,
Pork Sausage, Grilled Tomato, Sautéed Mushrooms, and special crispy Fried Bread*

Vegetarian Breakfast

*Homemade Nut Roast (contains Onion, Green Pepper, chopped Walnuts, Garlic, Mixed Herbs, Diced tomatoes, Rapeseed oil),
Vegan Sausage, Grilled Tomato, Sauté Potatoes,
Sautéed Mushrooms, Scrambled, Poached, or Fried Egg, and special crispy Fried Bread*

Vegan Breakfast

*Homemade Nut Roast (contains Onion, Green Pepper, chopped Walnuts, Garlic, Mixed Herbs, Diced tomatoes, Rapeseed oil)
Vegan Sausage, Grilled Tomato, Sauté Potatoes, Sautéed Mushrooms, and special crispy Fried Bread*

Home-cooked Gammon Ham, Sauté Potatoes & sliced Tomatoes

Selection of Cold Meats and Cornish Cheeses

Home-cooked Ham, Salami Milano, Chorizo, Cornish Brie & Cornish Cheddar

Boiled Eggs

Grilled St Ives Bay Mackerel or Grilled Kippers

Fish Cake with Poached Egg & Crispy Bacon

(Fish cake contains fresh salmon, smoked haddock, spring onion & double cream)

Optional Additional Items

Grilled Black Pudding : Grilled Cornish Hogs Pudding : Baked Beans

French Toast : Bubble & Squeak : Potato Rösti

Pan Haggerty (*sliced potato & onion & Cornish Trelawny cheese*)

Freshly Baked Croissants

White & Granary Toast

Choice of Marmalade, Apricot, Raspberry and Strawberry Preserves

Coffee : Decaffeinated Coffee : Tea : Decaffeinated Tea : Earl Grey :
Lapsang Souchong : Herbal Infusion Teas : Peppermint Tea : Green Tea