

Breakfast Menu

Choice of Fruit Juices

*Orange, Grapefruit, Cranberry,
Tomato, Mango, Pineapple, Apple*

Choice of Yoghurts

Fresh Grapefruit

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### **Homemade Fruit Compote**

*with Natural Organic Yoghurt & Honey*

### **Fresh Fruit Salad**

*Strawberries, Raspberries, Grapes, Melon & Kiwi Fruit*

### **Choice of Cereals**

*Cornflakes, Bran Flakes, Special K, Weetabix, Crunchy Nut Cornflakes*

### **Muesli with Berries**

### **Scottish Porridge Oats**

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Smoked Salmon Benedict

*Smoked Salmon on toasted English muffin topped with
poached eggs & hollandaise sauce*

Smoked Salmon & Scrambled Eggs

Devilled Kidneys & Bacon

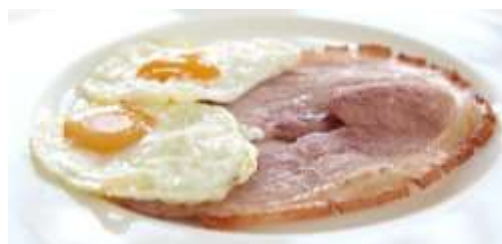
*Lambs' kidneys cooked in a sauce comprising red onions, English mustard,
tomato purée, white wine vinegar, butter, flour, salt, and black pepper*

Pancakes

with crème fraîche & berries or maple syrup

Omelette

Plain or with choice of fillings: Ham, Cheese, Mushrooms, Onion & Potatoes



Grilled Cornish Gammon Steak and choice of Eggs



Traditional Breakfast

*Scrambled, Poached, or Fried Egg, Grilled Bacon, Sauté Potatoes,
Pork Sausage, Grilled Tomato, Sautéed Mushrooms, and special crispy Fried Bread*

Vegetarian Breakfast

*Scrambled, Poached, or Fried Egg, Grilled Tomato, Sauté Potatoes,
Sautéed Mushrooms, Mixed Nut Slice, Vegetarian Sausages, and special crispy Fried Bread*



Kedgeree

*Flaked smoked haddock in a mild curried saffron rice,
containing spring onion & red peppers, topped with boiled eggs*

Home-cooked Gammon Ham, Sauté Potatoes & sliced Tomatoes

Selection of Cold Meats and Cornish Cheeses

*Home-cooked Ham, Salami Milano, Chorizo,
Cornish Brie & Cornish Trelawny Cheese*

Boiled Eggs

Grilled St Ives Bay Mackerel or Grilled Kippers

Fish Cake with Poached Egg & Crispy Bacon

(Fish cake contains fresh salmon, smoked haddock, spring onion & double cream)

Poached Smoked Haddock

With or without Poached Egg

Optional Additional Items

Grilled Black Pudding : Grilled Cornish Hogs Pudding : Baked Beans

French Toast : Bubble & Squeak : Potato Rösti :

Pan Haggerty *(sliced potato & onion & Cornish Trelawny cheese)*

Freshly Baked Croissants

White & Granary Toast

Choice of Marmalade, Apricot, Raspberry and Strawberry Preserves

**Coffee : Decaffeinated Coffee : Tea : Decaffeinated Tea : Earl Grey : Darjeeling,
Lapsang Souchong : Herbal Infusion Teas : Peppermint Tea : Green Tea**