

## *Breakfast Menu*

### **Choice of Fruit Juices**

*Orange, Pink Grapefruit, Cranberry,  
Tomato, Mango, Pineapple, Apple*

### **Choice of Yoghurts**

### **Fresh Grapefruit**

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### **Homemade Fruit Compote**

*with Natural Organic Yoghurt & Honey*

### **Selection of Fresh Fruit**

*Strawberries, Raspberries, Oranges, Apples, Grapes, Melon & Kiwi Fruit*

### **Choice of Cereals**

*Cornflakes, Bran Flakes, Special K, Weetabix, Crunchy Nut Cornflakes*

### **Muesli with Berries**

### **Scottish Porridge Oats**

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### **Smoked Salmon Benedict**

*Smoked Salmon on toasted English muffin topped with  
poached eggs & hollandaise sauce*

### **Smoked Salmon & Scrambled Eggs**

### **Devilled Kidneys & Bacon**

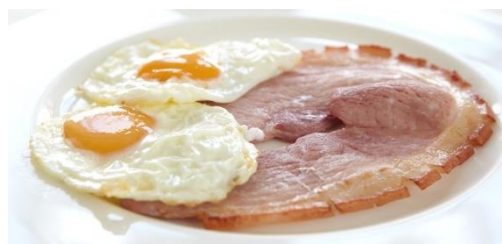
*Lambs' kidneys cooked in a sauce comprising red onions, English mustard,  
tomato purée, white wine vinegar, butter, flour, salt, and black pepper*

### **Pancakes**

*with crème fraîche & berries or maple syrup*

### **Omelette**

*Plain or with choice of fillings: Ham, Cheese, Mushrooms, Onion & Potatoes*



### **Grilled Cornish Gammon Steak and choice of Eggs**



### Traditional Breakfast

*Scrambled, Poached, or Fried Egg, Grilled Bacon, Sauté Potatoes,  
Pork Sausage, Grilled Tomato, Sautéed Mushrooms, and special crispy Fried Bread*

### Vegetarian Breakfast

*Scrambled, Poached, or Fried Egg, Grilled Tomato, Sauté Potatoes,  
Sautéed Mushrooms, Mixed Nut Slice, Vegetarian Sausages, and special crispy Fried Bread*



### Kedgeree

*Flaked smoked haddock in a mild curried saffron rice,  
containing spring onion & red peppers, topped with boiled eggs*

### Home-cooked Gammon Ham, Sauté Potatoes & sliced Tomatoes

#### Selection of Cold Meats and Cornish Cheeses

*Italian Prosciutto Ham, Salami Milano, Chorizo,  
Cornish Brie & Cornish Trelawny Cheese*

#### Boiled Eggs

Grilled St Ives Bay Mackerel or Grilled Kippers

#### Fish Cake with Poached Egg & Crispy Bacon

*(Fish cake contains fresh salmon, smoked haddock, spring onion & double cream)*

#### Poached Smoked Haddock

*With or without Poached Egg*

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### Optional Additional Items

Grilled Black Pudding : Grilled Cornish Hogs Pudding : Grilled Kidneys :  
Baked Beans : French Toast : Bubble & Squeak : Potato Rösti :  
Pan Haggerty *(sliced potato & onion & Cornish Trelawny cheese)*

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### Freshly Baked Croissants

#### White & Brown Toast

Choice of Marmalade, Apricot, Raspberry and Strawberry Preserves

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Coffee : Decaffeinated Coffee : Tea : Decaffeinated Tea : Earl Grey : Darjeeling,  
Lapsang Souchong : Herbal Infusion Teas : Peppermint Tea : Green Tea