

"Cornwall and the Isles of Scilly" is one of the The best of Britain series of guides produced by Crimson Publishing covering Britain, described as accessible, contemporary guides by local experts.

The author of *"Cornwall and the Isles of Scilly"* is Lesley Gillilan, who was born and brought up in Cornwall. Her articles on travel and lifestyle appear regularly in *The Daily Telegraph*, the *Guardian*, the *Financial Times* and *Coast* magazine among other publications.

Blue Hayes Hotel

Trelyon Avenue, St Ives TR26 2AD 01736 797129 www.bluehayes.co.uk

This small luxury hotel is a breath of fresh air, with its bright white exterior, Mediterranean seaside colours (warm corals, cool blues), lush gardens, cocktail bar and sea-view terrace. The five suites, have giant beds and deluxe bathrooms; most have ocean views and two have a private terrace. No children under 10.

Price: B&B from £140-£190 for a double (open Mar to Oct)